



Soul Fly Buddies – Monthly Meeting Notes



Here are the minutes for the Soul Fly Buddies (SFB) meeting on 24th November 2023



Soul Fly Buddies met at the Blue Gum Hotel in Waitara for lunch and the meeting.



The people that came to the meeting were: Stavros, Audrey, Nalyn, Lachy, Karen, Jack, Sandon and Tony.

Joni, Alex and Yasmin could not make it.



At the start of the meeting, we each shared some news from our lives!



2024

Goals for 2024!

The Soul Fly Buddies were asked what things they would like to achieve with SFB in 2024.

This included new ideas for the Gig Buddies project and personal goals.



Stavros' goals for 2024

Personal: go to KnotFest and other festivals

For SFB and GB: Get more people to join Gig Buddies.

Make it easier to join up.

Emphasise rules and guidelines.



Karen's goals for 2024

Personal: Get a job

For SFB and GB: More events on the Central Coast.

Reassess SFB members commitment and priority.

Get Sandon to do a live gig.



Nalyn's goals for 2024

Personal: Make a success of living independently

For SFB and GB: Get the Soul Fly Buddies to help find buddies (if staff are struggling)



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Audrey's Goals for 2024

For SFB and GB: Organise a “Dining Experience” event where you eat dinner and actors and staff perform and interact with patrons.



Jack's goals for 2024

Personal: Be a better listener

For SFB and GB: Check in on team members' wellbeing more often.



Lachy's goals for 2024

Personal: Go to more plays/theatre.

Joni, Yasmin and Alex will share their goals at the next meeting.



The Soul Fly Buddies enjoyed their lunch and final catch up for 2023.

They are looking forward to Christmas, New Years, and the end of year “Festive Party” at the Factory Theatre.



The Soul Fly Buddies filmed a “Merry Christmas and Happy New Year” video that will be included in the Gig Buddies email newsletter on 4th December.



Lachlan’s newsletter article is in the 27 of November 2023 newsletter.

Stavros’ article is due in middle of January 2024.



There is no blog article in December.



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We really appreciate SFB's insights into issues that affect our community.

We also appreciate their ideas for events and ways that we can improve the project.



Next Soul Fly Meeting

When: Friday 19th January **2024**
(last Friday of the month is Australia Day)

Where: Zoom

Time: 12:30pm

Thanks for reading!