



Soul Fly Buddies – Monthly Meeting Notes



	<p>Here are the minutes for the Soul Fly Buddies (SFB) meeting on 28th April 2023</p>
	<p>Soul Fly Buddies met on Zoom.</p>
	<p>The people that came to the meeting were: Stavros, Lachlan, Nalyn, Alex, Karen, Yasmin & Chelsea.</p> <p>Joni and Audrey could not make it.</p> <p>Jack joined us for half of the meeting.</p>
	<p>First, we each shared some good news from our lives!</p>



Next, we talked about buddies travelling to Gig Buddies social events.



Gig Buddies staff have noticed from talking to buddies and parents that travelling to social events can be difficult.

It sometimes means they decide not to come to our events.



Gig Buddies staff wanted to learn about SFB's experiences when travelling to our social events.




They also wanted to know if they had done travel training.



The first question we talked about was:

How do SFB members usually travel to Gig Buddies social events?

	<p>Some of the answers SFB gave were:</p> <ul style="list-style-type: none"> - Parents drive them to events, - Buddies drive themselves to events, - Public transport to places that they are familiar with, - Uber or other ride sharing services.
	<p>The second question we talked about is:</p> <p>Would you travel to a new area, by yourself, to attend a Gig Buddies social event?</p>
	<p>Most SFB members said they would travel to new areas if they had enough time to look up how to get to the new area.</p> <p>They would use Google Maps to find out how to get to the new place.</p>
	<p>They also said they would work with a family member or support worker to find out how to get to the place.</p> <p>They may also visit the place before the event to see how easy it is to get there.</p>

	<p>Karen said she would be hesitant to drive/travel outside of the Central Coast area.</p>
	<p>The third question we talked about is:</p> <p>If you use public transport, what helps you feel comfortable when you travel?</p>
	<p>Some of our ideas were:</p> <ul style="list-style-type: none"> - Sitting in a window seat so I can look out for landmarks and know where I am. - Check the TripView App on my phone to see when the next bus or train is. The paid version of the App allows me to save regular travel routes in it too. - Follow the train map in the main carriage so I can see where my train stop is. - Listening to the train announcements so I can hear what the next stop is. - Asking a train guard for help if I get lost or am unsure of where I'm going.



Jack also said when driving to places, he also looks out for landmarks to see where he is going.

If Jack gets lost:

- He pulls into a quiet street,
- Takes a moment to stop and collect his thoughts,
- Looks at Google Maps to find out the correct direction.



The fourth question we talked about is:

Did you receive “travel training” from a support worker or another organization? If so, what was your experience like?



Everyone said that they either:

- Had an independent Support Worker who taught them,
- Had a parent or family member who taught them,
- Or they taught themselves.



The fifth, and final, question we talked about is:

What do you think Gig Buddies can do to help support people to travel to our social events more independently?



Some suggestions were:

- Creating a small guide for people to help them with travelling on public transport,
- Gig Buddies staff continue to wait until all attendees get picked up after an event, or provide help with specific apps (e.g. TripView, Uber, Google Maps) if needed
- Gig Buddies staff continue to text with buddies to make sure they are safely on the way home, and when they have reached home.



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More suggestions:

- Continue to put information about pick up/drop off details and staff being available to assist before/after event.
- Provide support documents for buddies to get transport funding if they struggle with public transport or who need support in this area.
- Providing information about accessibility of venues that events are held at.



Chelsea will take all of SFB's ideas and feedback to the Gig Buddies staff team.



Chelsea will also look for existing resources to help people travel by public transport.

We can then share these with the wider Gig Buddies community.



Next, we talked about the Gig Buddies 8th Birthday Party!

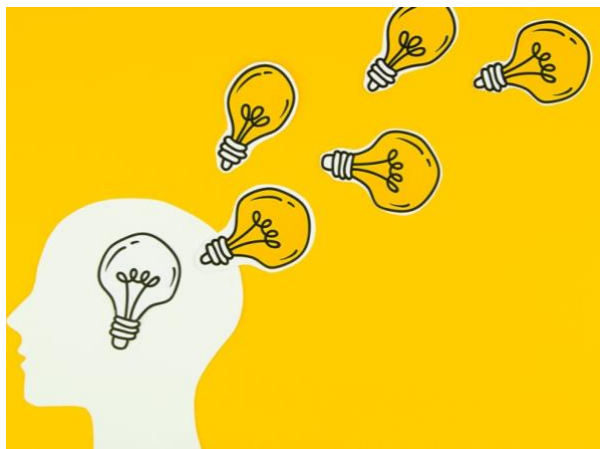
This years party is at The Barrie in Chippendale!



The bar staff at the Barrie have offered to make a special cocktail in honour of Gig Buddies birthday. They will also have a non-alcoholic 'mocktail' version of the drink.



They wanted to know what SFB's ideas were for the colour, flavour, and style of the cocktail.



Some of our ideas were:

- Name of the cocktail/mocktail: 'A Night at The Gig'
- Clover Club style
<https://www.acouplecooks.com/clover-club-cocktail/>
- Martini style drink
- Thunder coffee or toffee flavoured vodka
- Champagne



Gig Buddies staff will share these suggestions with the bar staff at The Barr so they can come up with a yum cocktail!



Next, we chatted about any other businesses for the SFB meeting.



Alex has thought of an idea to involve people who can't make our weekly Casual Zoom Chats.



Bec Gig Buddies Sydney

Admin · 2 d · 🌐

Happy Monday 😊

Chat this week is Monday 1st at 4pm

Topic:

What's your favourite Take Away Food ?

Join Zoom Meeting <https://us02web.zoom.us/j/7588881875...>

Meeting ID: 758 888 1875

Passcode: GBS2020



He said, adding the line:

“can't make the Zoom chat, but still want to join in? Share your answer in the comments below.”

to our social media posts could be a good way of involving people and also gives attendees more ideas to talk about.



Everyone liked this idea. Gig Buddies staff will do this from now on.



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Bec Gig Buddies Sydney
24 October 2022 · 🌐

Hi peeps 😊
How was your weekend?

Karen also said if there could be more posts in the Gig Buddies Insiders Facebook Group that encourage more conversation.

For example:

- “What has everyone been up to?”
- “What are your plans for the weekend?”



Everyone liked this idea. Gig Buddies staff will do this from now on.



Stavros said he really liked the Zoom ‘Metal Music Meet Up’ that we did during COVID lockdown, and he would like to do this again but face-to-face.



Chelsea explained that we don't have a big number of metal fans in the Gig Buddies community and so past events haven't had a big attendance.

This is why we haven't done many of them.



Chelsea will take this to the Gig Buddies staff team and see if we are able to do something like this in a future month of socials.



This was all of the things we discussed for 'Any of Business'.



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	<p>The next SFB blog article will be written by Lachlan.</p> <p>Nalyn's article is due at the start of June 2023.</p>
	<p>Next Soul Fly Meeting</p> <p>When: Friday 26th May 2023</p> <p>Where: Zoom</p> <p>Time: 1:00pm – 2:00pm</p> <p>Thanks for reading!</p>