



Soul Fly Buddies – Monthly Meeting Notes



Here are the minutes for the Soul Fly Buddies (SFB) meeting on 28th October 2025.



Soul Fly Buddies met online using Zoom.



The people that came to the meeting were: Stavros, Jack, Audrey, Karen, Lachlan, Nalyn and Alex.

Bevan did not join.



At the start of the meeting, we each shared some news from our lives!



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First, we congratulated Stavros on his appointment to the ACL Disability Services and Gig Buddies Board of Directors!



Next, we talked about our goals for Soul Fly Buddies in 2026.



Karen suggested leadership training for SFB members to help with their development.



Jack would like to see more opportunity for other Gig Buddies participants to have a say, mainly when SFB members are not available.

	Audrey is hoping to attend more events next year. She would like for there to be more creative events. An example she said was Paint and Sip.
	Stavros said he would like to see more Gig Buddies social events that are for charity, and giving back to other groups in the community.
	Stavros also had the idea of a “Gig Buddies Open Day” to promote Gig Buddies to new potential buddies and volunteer.



Chelsea will pass these onto the Gig Buddies team to discuss further.



Next, we talked about limiting attendance to our social events.



Currently Gig Buddies staff are at capacity and are unable to increase the number of events or have more people come along to social events.



The Gig Buddies team will be introducing a new Group Social Support Volunteer role in 2026.

Until then, we need to limit the number of attendees at our social events.



SFB talked about prioritising buddies who haven't come to social events before.



SFB also talked about limiting signed up buddies and volunteers to attending 1-2 events per month for now until we can increase our attendance numbers again.



Karen asked how this would be managed



Chelsea said that GB staff would keep an eye on who signs up to the events and let them know if they have exceeded the limit.

	We would also communicate this change clearly to all Gig Buddies participants and volunteers, and explain that it is a temporary measure.
	All SFB members said that this would be ok as a temporary fix until the Group Social Support Volunteer role is up and running.
	Lastly, we talked about the end of year lunch for SFB.
	The lunch will be on Friday 21st November 2025 at 12:00pm – 2:00pm. It will be at Firestone in Hornsby.



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	Alex said he cannot attend.
	Jack said he is a maybe, and that he needs to check his calendar.
	Everyone else said that they can attend the lunch.
	Matthew from Gig Buddies will be facilitating the lunch.

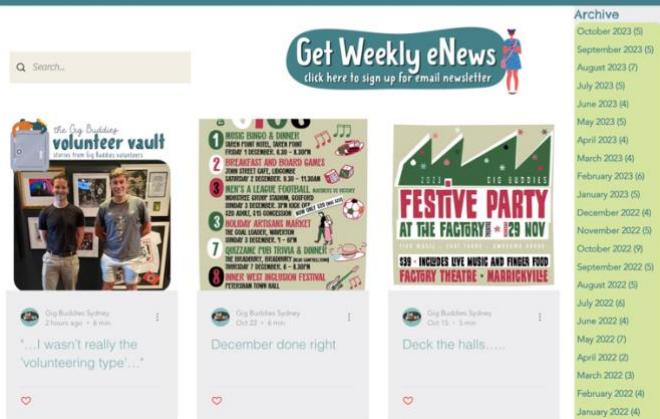


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Chelsea will send out more information about the lunch in a week.

Gig Buddies Blog & NEWS



Jack will be writing an article for November 2025.



Next Soul Fly Meeting

When: Friday 21st November 2025

Where: Firestone, Hornsby

Time: 12:00pm – 2:00pm

Thanks for reading!