



Join Gig Buddies

go to events and hangout with a Gig Buddies volunteer



Gig Buddies is a **befriending** project that matches an adult with learning **disability** and/or autism to a **volunteer** with similar interests to attend "gigs" and **events** together.



What is a Gig Buddy?

A Gig Buddy participant catches up once a month with a volunteer who wants to assist a person with mild to moderate learning disability and/or autism.

What do Gig Buddies do together?

Gig Buddies catch up and see live music, opera, musicals, theatre, sport, visit art galleries and museums... it all depends on what you and your buddy like doing.

How does it work?

Step 1

Sign up to Gig Buddies* then meet with one of the Gig Buddies team.

Step 2

We look for a buddy who has similar interests.

Step 3

Your volunteer gets training**

Step 4

We introduce you to your buddy.

Step 5

You and your buddy go out together once a month for 1 year (or more)



I support the
ndis



scan me



if you want to go to events and do fun stuff with a Gig Buddies volunteer visit www.gigbuddiessydney.org/participate

* participants contribute to the project through their NDIS package ** volunteers receive training and complete an NDIS Worker Check