

	<p>Here are the minutes for the Soul Fly Band meeting on 22nd May 2020.</p>
	<p>Because of Coronavirus (COVID-19), the Soul Fly Band Meeting has been moved online, using Zoom.</p>
	<p>The people that came to the meeting were: Fraser, Audrey, Jack, Lachie, Bec, Stavros, Chelsea, Matt, Tony & Myra. Because it was an online meeting, everyone popped in at different times.</p>
	<p>The team shared how they have been keeping busy while in isolation and also how they are managing their mental health.</p>
	<p>Participants, Volunteers, Staff and Soul Fly Band are happy with the success of online socials. They have given great feedback about them.</p>
	<p>We spoke about different ideas for future socials and ideas to improve the current socials.</p>



Soul Fly Band – Monthly Meeting Notes



Some of the ideas were:

- Volunteer-friendly times for socials.
- More quiz topics.
- Dress up Zoom sessions.
- Movie sessions / Watch party online.
- Helpful videos to show how to join in on socials.



We talked about making a thank you card for all of the Gig Buddies volunteers. The staff and participants are hoping to meet on Friday morning to make the card.



We talked about starting face-to-face socials again with smaller gigs in specific locations – for example: Manly, Bondi, Sutherland Shire.



Soul Fly Band – Monthly Meeting Notes



Some ideas we talked about were:

- Picnic in the park
- Chat and a catch up outdoors
- Going for walks like bush walks, coast walks, Centennial Park or bay run walking track in the Inner West.
- Take away dinner
- Movie nights
- Ladies make-up sessions
- Footy nights
- High tea parties



Lachy said that 50 people are allowed in cafes, pubs and restaurants from the Monday 1st June 2020. Gig Buddies are allowed to catch up in groups of 10 outside, and inside there can be 5 people without family. People must stay 1.5 metres away from each other.



Online socials have helped people make new friends and widen their social network. This means that Gig Buddies participants can meet up with people who live locally.



Gig Buddies staff believe that local catch ups are the best ways to keep the project running into the future.



Gig Buddies is in a good state financially. To manage the threat of Coronavirus (COVID-19), Gig Buddies is taking their approach one day at a time.



Soul Fly Band – Monthly Meeting Notes



Gig Buddies is planning to organise small socials first. Then medium events and then large events.



Gig Buddies would like to hold its biggest ever social party for the Christmas party to celebrate the end of Coronavirus (COVID-19).



That's all folks! Thank you!