















Soul Fly Band Meeting notes 30th August.

	<p>Here are the minutes for the Soul Fly Band meeting on 30th August 2019.</p>
	<p>The people that came to the meeting were: Fraser, Audrey, Jack, Myra, Lachie and Harri.</p> <p>The people that didn't come to the meeting: Stavros.</p>
	<p>The team shared their good news stories with each other.</p>
	<p>Fraser joined Gynea Eagles Basketball Team at Sutherland.</p>
	<p>Jack and buddy, Brendan went on Triple J Radio to talk about Gig Buddies.</p>
	<p>Myra joined a new rowing club.</p>
	<p>Audrey went to a film festival in Melbourne where her film was shown- Kairos.</p>
	<p>Lachie started painting his house.</p>



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	<p>Soul Fly Band spoke about mental health awareness month which is in October.</p>
	<p>Soul Fly Band has created their top 5 tips for good mental health. They will share these tips in October.</p>
	<p>Soul Fly band changed their mission statement on the Gig Buddies website.</p>
	<p>“We are the Soul Fly band and we are all members of Gig Buddies Sydney. We help shape the project by coming together once a month and sharing our experiences of living with a learning disability and/or autism. We aspire for everyone in our community to live the best life possible”</p>
	<p>Soul Fly Band had a look at the new Gig Buddies website and they all really like it.</p>
	<p>Soul Fly Band are going to create a short video which explains what it means to have a learning disability or autism. This will be put in the volunteer training.</p>
	<p>Christmas Social: Soul Fly Band decided on our Christmas social. It will be on the 7th of December 2019.</p>
	<p>Any other business. Fraser suggested a cricket social but gig buddies are doing do less sport events during summer. In Winter, they will do sport again.</p>

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<p>27 September 2019 Friday all-day Grand Final Friday (VIC) 8 am</p>	<p>The next meeting will be on Friday 27th September 2019.</p>
	<p>Thank you, see you next month.</p>

What you will need for the next Soul Fly Band meeting.

	<p>You need to read this section and do the task before the next meeting.</p>
<p>Introducing Soul Fly Band:</p>	<p>Soul Fly Band decided to change their individual personal information on the website.</p>
	<p>The new information is here.</p> <p>Your name:</p> <p>A little bit about you:</p> <p>Why you are in Soul Fly Band:</p> <p>The best event you have been to:</p>
<p>27 September 2019 Friday all-day Grand Final Friday (VIC) 8 am</p>	<p>Please fill in the new information and bring it to the next Soul Fly Band meeting.</p> <p>The meeting is on the 27th September 2019.</p>