

	<p>Here are the minutes for the Soul Fly Band meeting on 26th February 2021.</p>
	<p>The Soul Fly Band held their February meeting on Zoom.</p>
	<p>The people that came to the meeting were: Audrey, Nalyn, Joni, Lachie, Jack, Chelsea & Matt.</p>
	<p>First, we each shared some good news from our lives!</p>
	<p>Matt led a chat about the Gig Buddies Sydney culture. As a group, we talked about these questions:</p> <ol style="list-style-type: none"> 1. What is our culture? 2. What do we stand for? 3. What are our values? 4. How do we demonstrate our values?



Some of the ideas we came up with are:

- Gig Buddies Sydney is an inclusive, welcoming and accepting community.
- Everyone in our community has a voice.
- We respect that everyone has different backgrounds, and we think this diversity is important.
- Everyone connects with each other and feels part of a bigger 'family'.
- Everyone has fun and a good time.



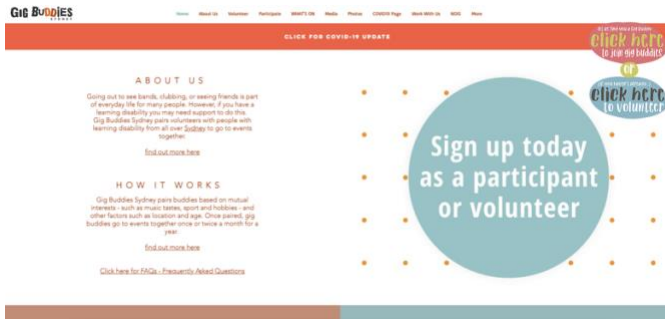
We also talked what are the Gig Buddies Sydney values. Some ideas we came up with are:

- Reliable.
- Respectful..
- Caring.
- Non-judgemental.
- Accepting.
- Supportive.
- Trust has to be earned.



Lastly, we talked about how we demonstrate our values. Our ideas were:

- Through being role models and leading by example.
- Through spreading the word about Gig Buddies Sydney and inspiring others to get involved.
- Through being visible to the wider community.
- Through speaking up when things are no ok.
- Through creating an environment where people feel they can speak up if they need to.



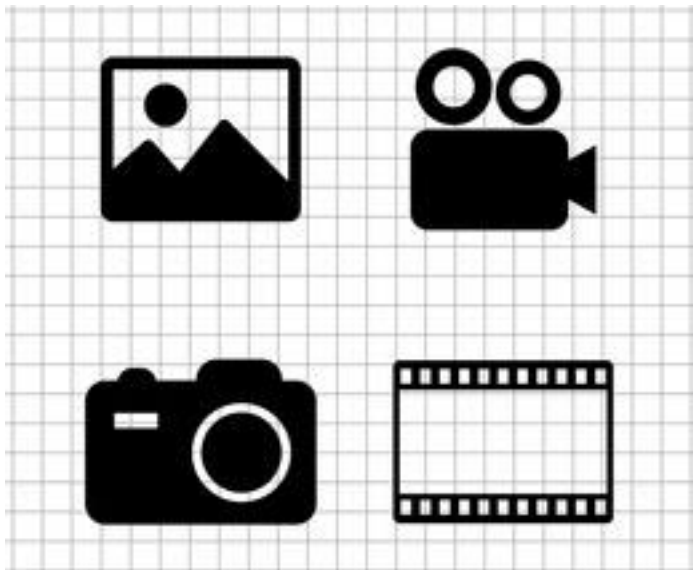
The Gig Buddies Sydney team will add this information to our website for everyone to read.



Chelsea updated Soul Fly Band on Lachie’s Photography club idea. We have received 5 expression of interests from our community.



We also spoke about World Down Syndrome Day – which will be on the 21st of March 2021.



We spoke about ways we can celebrate this day. Some of the ideas we came up with:

- Calling out for videos from Gig Buddies participants with Down Syndrome, talking about the positives of having Down Syndrome.
- Videos of allies/family of people with Down Syndrome, talking about the positives of Down Syndrome on their lives (similar to You Can't Ask That – ABC TV series)
- Ask people to post a photograph from their childhood to celebrate their journey.



Finally, we talked about ideas for future Gig Buddies social events. Some of these ideas are:

- Karaoke.
- Outdoor Cinema
- Sensory cinema (4DX)
- Museum daytime tours with lunch
- Boat Cruise
- Cooking class
- Vivid at Taronga



Soul Fly Band – Monthly Meeting Notes



Next Soul Fly Band Meeting:
Friday 26th March 2021,

Thanks for reading!