



Soul Fly Band – Monthly Meeting Notes



	<p>Here are the minutes for the Soul Fly Band meeting on 27th August 2021.</p>
	<p>The Soul Fly Band held the meeting on Zoom.</p>
	<p>The people that came to the meeting were: Audrey, Stavros, Alex, Lachlan, Nalyn, Joni, Jack, Chelsea & Rebecca.</p>
	<p>First, we each shared some good news from our lives!</p>
	<p>We then spoke about the Gig Buddies volunteer training.</p> <p>Soul Fly Band had been sent the volunteer training PowerPoint and asked to give feedback on it.</p>

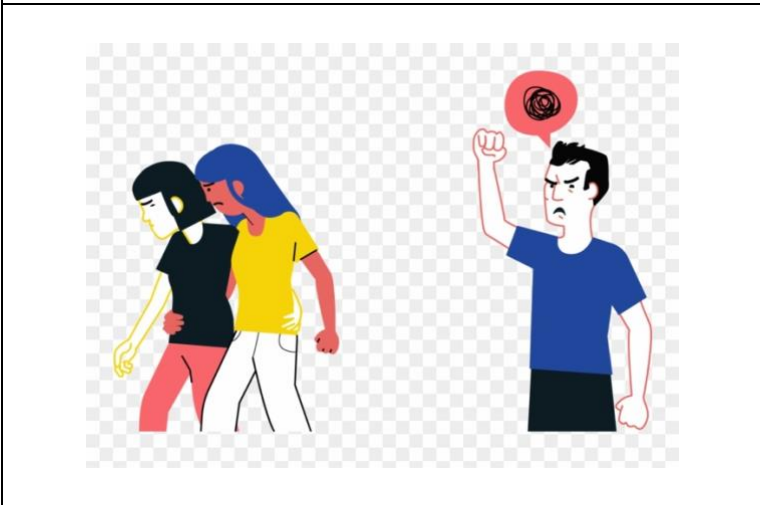


Some of the feedback we had:

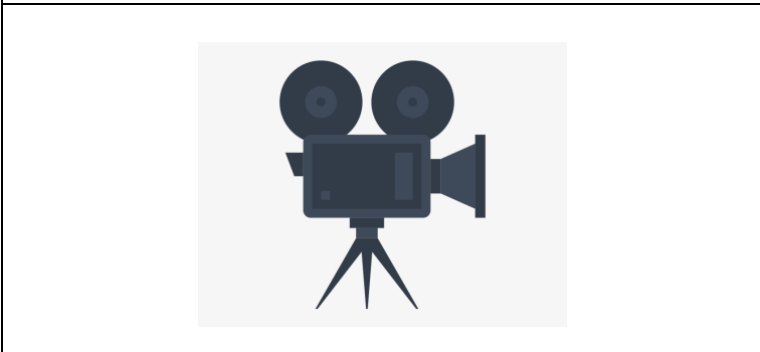
- Nalyn said we should put in ideas for things that volunteers, and their buddies can do once they have been paired.



- Joni said it would be great to add in a video about labels and how they can be hurtful



- Audrey said we should put in a scenario that describes dealing with abusive people in public and get volunteer to think about what they would do,



- Alex said we could film some scenarios of the scenarios and add them into the training to break up the words



- Stavros said a small Q&A at the end would be a good addition.

The Gig Buddies team will work to put these suggestions into our training.



Next, we spoke about the Gig Buddies Zoom Social rules that the team had come up with

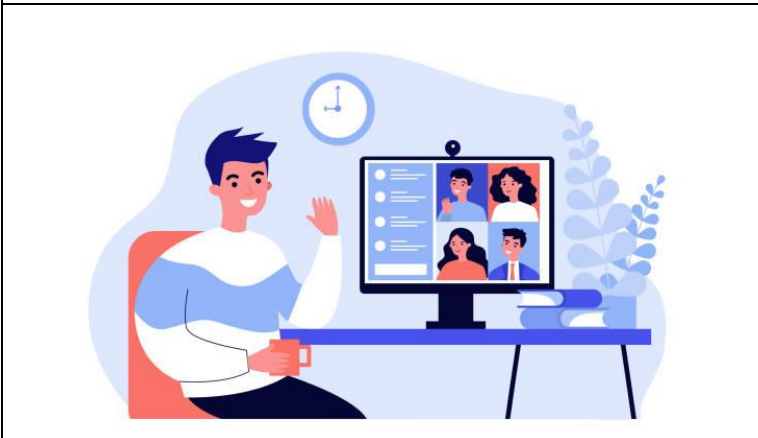


Some of the feedback:

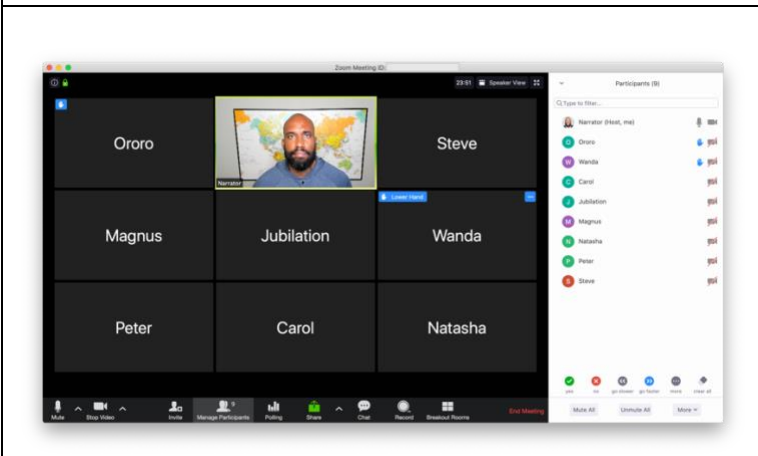
- There is a spelling mistake that we should fix in Rule 6
- We should use the raise hand function in zoom more, to make sure everyone has a chance to be heard
- People should use their real names and not use nicknames on Zoom



Next we talked about ways that we can make people feel more welcomed and more comfortable on zoom.



Nalyn said introducing new people to the group at the start of the zoom session could help.



Jack also suggested a quick run through of how to use zoom could help.

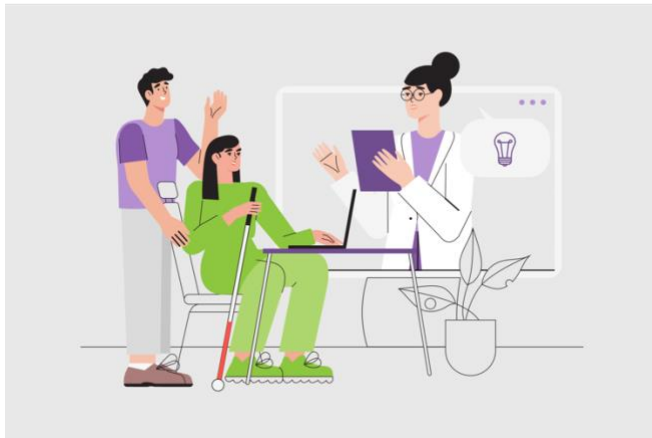


Stavros had the idea of doing more virtual tours of famous landmarks or area in the world as a social too.



Lastly, we talked about the difference between a Support Worker and a Gig Buddies Volunteer.

The Gig Buddies team have noticed that some new members of the project have said they are a bit confused about what a volunteer does and what a support worker does.



Soul Fly Band said that Support Workers work with buddies to help with daily living skills, such as home tasks, appointments, money skills and generally helping them to live independently.



Soul Fly Band said a Gig Buddies volunteer is there to be a friend. They are someone who you can hang out with, have fun with and can be more social with!



Next Soul Fly Band Meeting:
Friday 24th September 2021,

Thanks for reading!